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Cardiac Fusion Imaging With Low-Dose Computed Tomography Using Prospective Electrocardiogram Gating

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Abstract: In a 66-year-old patient with prolonged episodes of chest pain, catheter angiography revealed total occlusions of the right coronary artery and the distal circumflex artery (CX) as well as 2 sequential significant stenoses in the proximal CX and one significant stenosis in the proximal left anterior descending artery (LAD). To identify the culprit lesions with their respective territory, noninvasive assessment of viability was performed by F-18 FDG positron emission tomography (PET) and fused with a low-dose computed tomography coronary angiography using prospective electrocardiogram gating. Fused PET/computed tomography coronary angiography images demonstrated a large scar in the inferior myocardium, corresponding to the total occlusion in the right coronary artery, viable myocardium in the territory of the CX, and infarcted scar tissue with partially preserved viability in the anterior myocardium, corresponding to the presumably recanalized lesion in the LAD. The patient was scheduled for revascularization of the lesions in the LAD and the CX to reverse dysfunctional but viable myocardial segments.

Key Words: low dose cardiac CT, prospective gating, myocardial viability, fusion imaging

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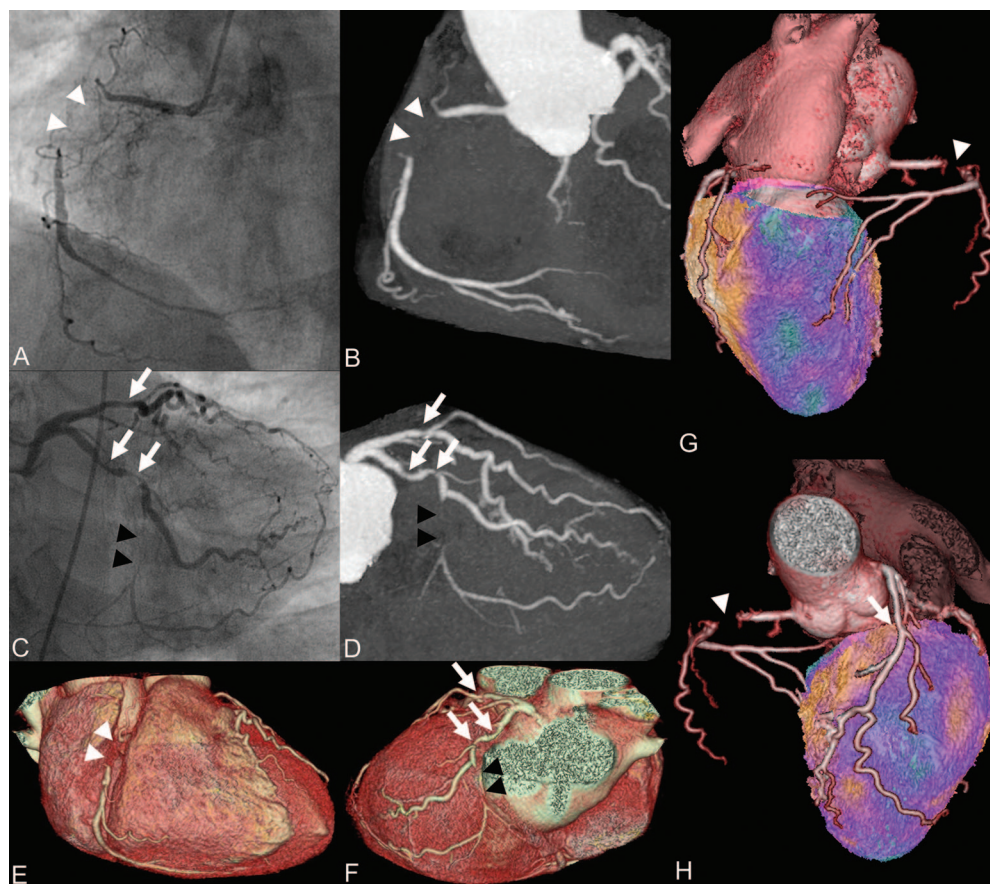


FIGURE 1. Images A-H reveal total occlusions of the right coronary artery (white arrowheads) and the distal circumflex artery (black arrowheads) with retrograde filling of the vessels (A and C: catheter angiography, B and D: computed tomography coronary angiography (CTCA) maximum intensity projections, E and F: volume rendered CTCA, G and H: fused positron emission tomography, PET/CTCA images). Additionally, 2 sequential significant stenoses are demonstrated proximal to the total occlusion in the circumflex artery and 1 significant stenosis is documented in the proximal left anterior descending artery (white arrows). Noninvasive assessment of viability was performed by F-18 FDG PET (Advance, GE Healthcare) and fused with a CTCA to identify culprit lesions with their respective territory as previously reported.¹⁻³ CTCA was performed with a Light-Speed VCT XT scanner (GE Healthcare) using prospective gating with "SnapShot Pulse" technology^{4,5}; the smallest x-ray window was chosen (only 75% of the RR-cycle); tube current was 550 mA; tube voltage was 100 kV. The patient had a mean heart rate of 54 bpm, her body mass index was 25.6 kg/m²; the applied radiation dose of CTCA was 1.2 mSv (as estimated from the dose length product: 71.6 mGycm). Fused PET/CTCA images (G and H) demonstrated a large scar in the inferior myocardium, corresponding to the total occlusion in the right coronary artery, and infarcted scar tissue with partially preserved viability in the anterior myocardium, corresponding to the presumably recanalized lesion in the left anterior descending artery. The lateral myocardium was viable, despite the total occlusion in the distal circumflex artery, most probably due to collaterals, which lead to retrograde filling of the vessel.

CTCA has been demonstrated to reliably detect coronary artery disease,^{6,7} but radiation exposure has remained an issue of discussion.⁸ First experience indicates that low-dose CTCA with "SnapShot Pulse" technology is feasible with good image quality and accurate findings. Because of its low dose, it seems particularly useful for cardiac hybrid imaging in conjunction with nuclear cardiac scanning.